

GROCERY SHOPPING LIST

PRODUCE

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-

MEAT/POULTRY/SEAFOOD

-
-
-
-
-
-
-
-
-
-
-

DAIRY/DAIRY SUBSTITUTES

-
-
-
-
-
-
-
-
-
-
-
-
-

GROCERY SHOPPING LIST

DRY/CANNED GOODS

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-

SPICES/SEASONINGS/BAKING

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-

CONDIMENTS & DRESSINGS

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-